

## MENTAL HEALTH

ORGANISATION	LOCATION	TIME + CONTACT
NorthWestern Mental Health	Level 1, North 300, Grattan St, Carlton	9am-5pm, Mon-Fri Ph: 03 9342 7705
Primary Health Network	Level 1, 396 Royal Parade, Parkville	9am-5pm, Mon-Fri Ph: 03 9347 1188
Foundation House	4 Gardiner St, Brunswick	Ph: 03 9300 8760
Cabrini Asylum Seeker & Refugee Health Hub	Ground Floor, 503 Sydney Rd, Brunswick	Ph: 03 8388 7874
Victorian Transcultural Mental Health	Bolle Wing, Level 1/14 Nicholson St, Fitzroy	Ph: 03 9288 3300
Dual Disability Services	Fitzroy	Ph: 03 9288 2950

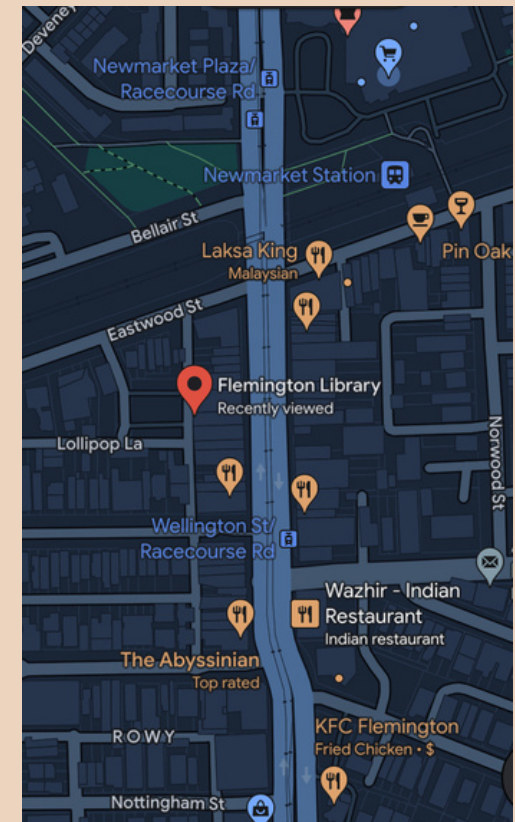
## GENERAL HEALTH

ORGANISATION	LOCATION	CONTACT + DETAILS
Primary Health Network	Level 1, 396 Royal Parade, Parkville	9am-5pm, Mon-Fri Ph: 03 9347 1188
Royal Melbourne Hospital	Building 9 North, 300 Grattan St, Parkville	Contact VIDS through switchboard  Ph: 03 9342 7000
Department of Health and Human Services	50 Lonsdale St, CBD	Ph: 1300 650 172
Co-Health	12 Gower St, Kensington	9am-5pm, Mon-Fri Ph: 03 8378 1600
Cabrini Asylum Seeker & Refugee Health Hub	Ground Floor, 503 Sydney Rd, Brunswick 3056	Ph: 03 8388 7874



# HEALTH SERVICES

The Empowering Women Seeking Asylum Initiative



This directory was developed as part of the Empowering WSA initiative at the Future of Work Lab.

## CONTACT US

empoweringwsa@wix.com

## CHILD + ELDERLY CARE

Royal Children's Hospital	50 Flemington Rd Contact Helen Milton through switchboard Ph: 03 9345 5522
School Support Services	Ph: 1300 333 232
Carers Victoria	Ph: 1800 242 636
Tandem Carers	Ph: 8803 5555



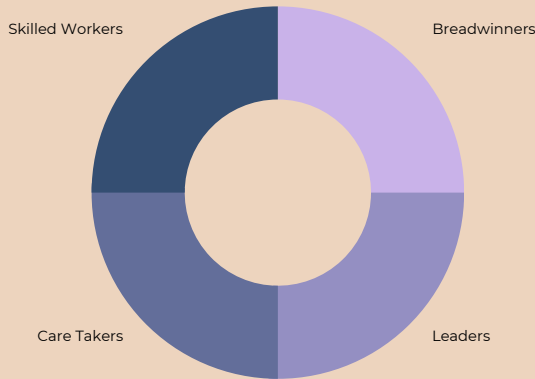
The **Empowering Women Seeking Asylum Initiative** was developed in recognition of Women Seeking Asylum as promising leaders in Australian society and future of work.

The intersectional facets of WSA lives must be factored into the development of their support.

Women Seeking Asylum are more than just 'women' and 'asylum seekers'.

They are wives, mothers, sisters and daughters.

They are also equally:



## WANT TO HELP?

Recognise Challenges.  
Identify Resources.

[empoweringwsa@wix.com](mailto:empoweringwsa@wix.com)



## WOMEN'S HEALTH

Reach out to these organisations for WELLNESS SUPPORT:

CASA House - Centre Against Sexual Assault

- Level 3, 210 Lonsdale St
- 5pm-9am, Mon-Fri
- Ph: 03 9635 3600

Bouverie Family Counselling

- 8 Gardiner St, Brunswick
- 9am-5pm, Mon-Fri
- Ph: 03 9385 5100

Melbourne Sexual Health Centre

- 580 Swanston St, Carlton
- 8:30am-5pm, Mon-Fri
- Ph: 03 9341 6200